COMMUNION

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God our Father, fountain of goodness, creator of all that is, you have made us in your own image. You have given us life and reason, and love for one another, setting in our hearts a hunger for you.

In darkness you are our light, in adversity and temptation our strength. You bear patiently with our folly and sin, granting us your law to guide us and your prophets to renew our faith.

In the fullness of time you came to us in love and mercy in Jesus Christ, your living Word, full of grace and truth.

He lived among us, declaring your forgiveness and revealing your wisdom in works of mercy and in his word of power. For us he suffered and died upon the cross, by death destroying death. You raised him from the dead and exalted him to your right hand on high. Through him you sent your Holy Spirit to be the life and light of your people, gathered together in every time and place to glorify your holy name.

With them and all the company of heaven we join in the unending hymn of praise:

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Holy God, pour out your Spirit that these gifts of bread and wine may be for us the body and blood of your Son Jesus Christ our Lord, who, on the night in which he was betrayed, took bread, gave thanks, broke it, and gave it to his disciples, saying,

'Take this and eat it.
This is my body given for you.
Do this in remembrance of me.'

In the same way, after supper, he took the cup, gave thanks, and gave it to them, saying,

'Drink from it, all of you.

This is my blood of the new covenant, poured out for you and for many, for the forgiveness of sins.

Do this, whenever you drink it, in remembrance of me.'

Christ has died. Christ is risen. Christ will come again.

And so, Lord, we obey his command with this bread and this cup, by which we recall his death and resurrection, the source of our life and salvation.

Grant that we, who share in this holy sacrament, may be united by your Spirit and grow into perfect love.

Bring us,

with those who have done your will in every age, into the light of your presence and the joy of your kingdom.

Through Christ, with Christ, in Christ, in the power of the Holy Spirit, we worship you in songs of everlasting praise. Blessing and honour and glory and power be yours for ever and ever. Amen.

The Bread is Broken:
The things of God for God's holy people.
Jesus Christ is holy;
Jesus Christ is Lord.
Glory to God the Father.

Jesus said: am the bread of life.

Those who come to me shall not hunger and those who believe in me shall never thirst.' Draw near with faith.

Prayer after Communion

Faithful God,
with these holy gifts
you have fed and strengthened us
in Jesus Christ your Son.
Guide us on our way,
that with all your faithful people
we may come to share the feast
of your eternal kingdom;
through Jesus Christ our Lord. Amen.